

PROPER ALIGNMENT

National Federation of State
High School Associations



Take Part. Get Set For Life.™

Overlapping



PROPER ALIGNMENT

- All players, except the server, are in proper position within the team's playing area at the instant the ball is contacted for serve
- Determined by position on the floor of the player's foot relative to the feet of the adjacent player(s)



AT THE INSTANT OF THE SERVE:

Each **right-side** player shall have at least part of one foot closer to the right sideline than both feet of the **center** player in the corresponding row (except the server and the center back of the serving team)





AT THE INSTANT OF THE SERVE

Each **left-side** player shall have at least part of one foot closer to the left sideline than both feet of the **center** player in the corresponding row





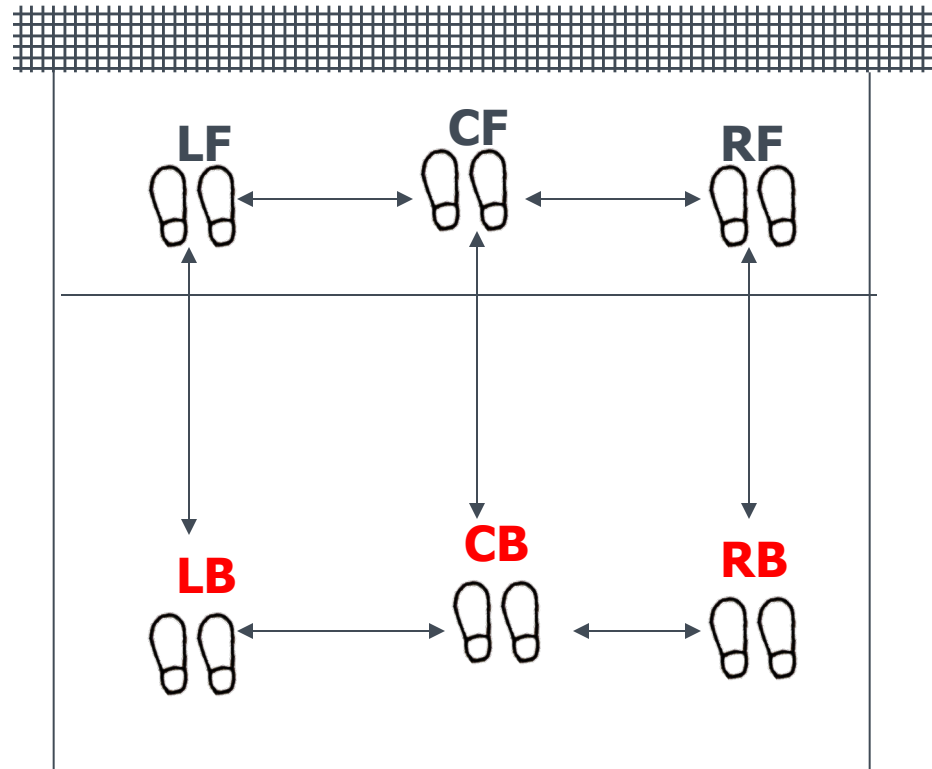
AT THE INSTANT OF THE SERVE:

Each **front-row** player shall have at least part of one foot closer to the center line than both feet of the corresponding **back-row** player



POINTS TO REMEMBER

Overlapping occurs only between adjacent players; **side-to-side** and **back-to-front**

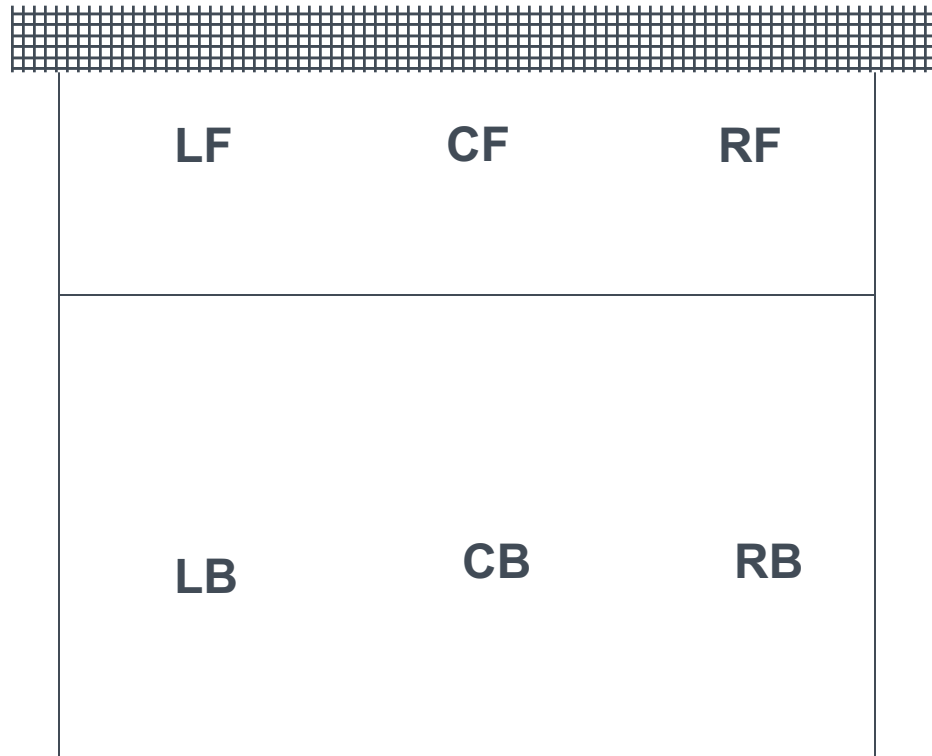


POINTS TO REMEMBER

- Players may have any part of the body on the boundary line, but not on the floor outside those lines



PROPER ALIGNMENT



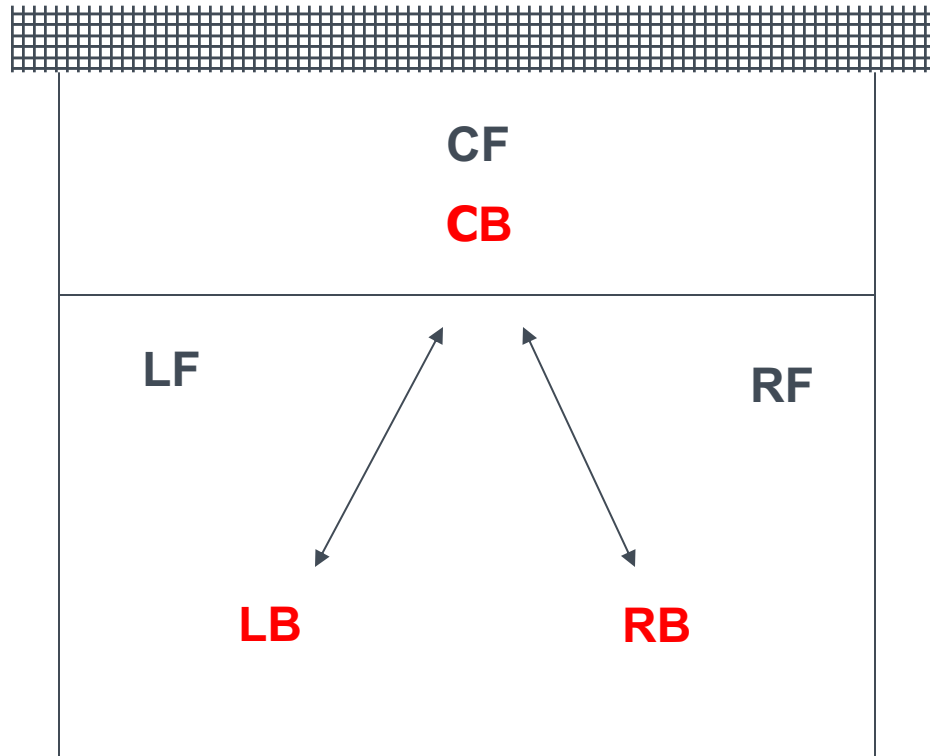
<u>Player</u>	<u>Must be properly aligned with</u>
RB	RF, CB
RF	CF, RB
CF	CB, LF, RF
LF	LB, CF
LB	LF, CB
CB	CF, LB, RB



Watch for possible overlap with:

CB and LB

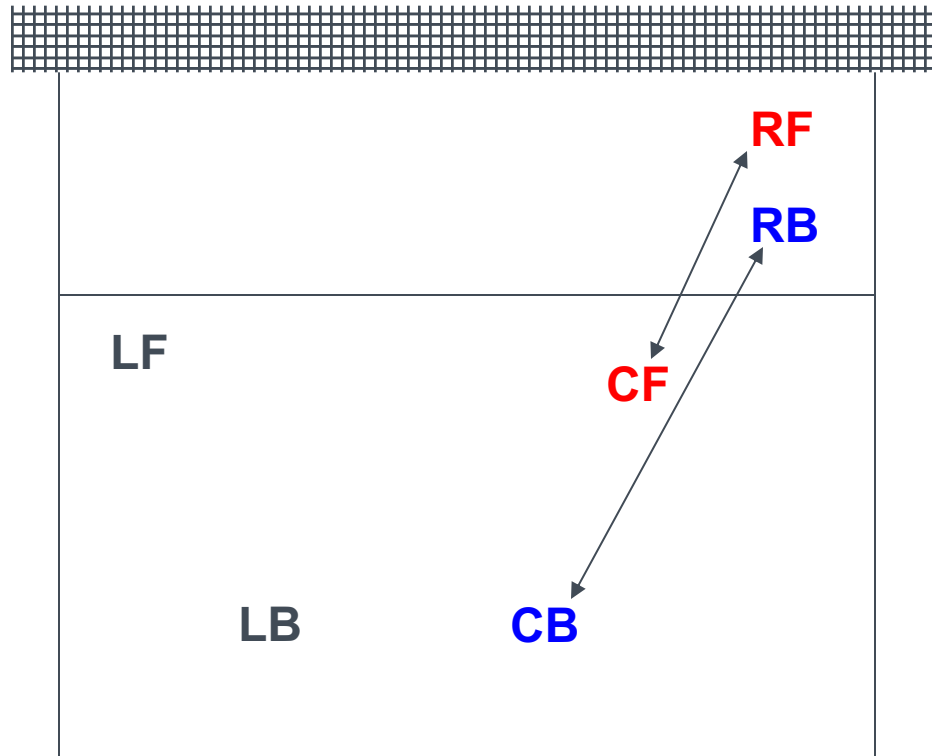
CB and RB



Watch for possible overlap with:

CF and RF

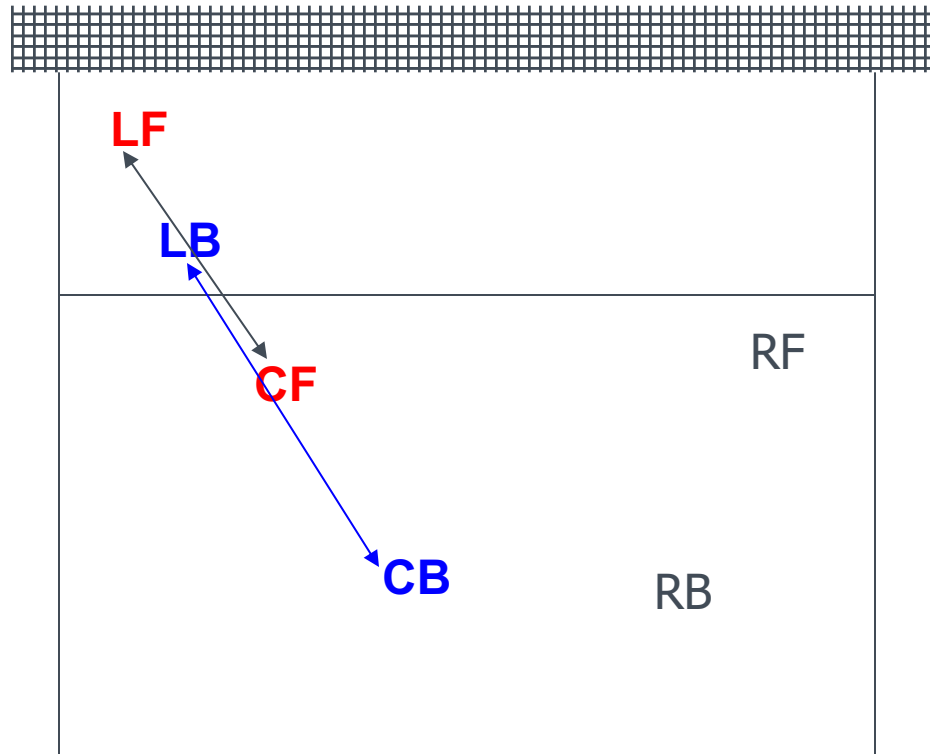
CB and RB



Watch for possible overlap with:

LF and CF

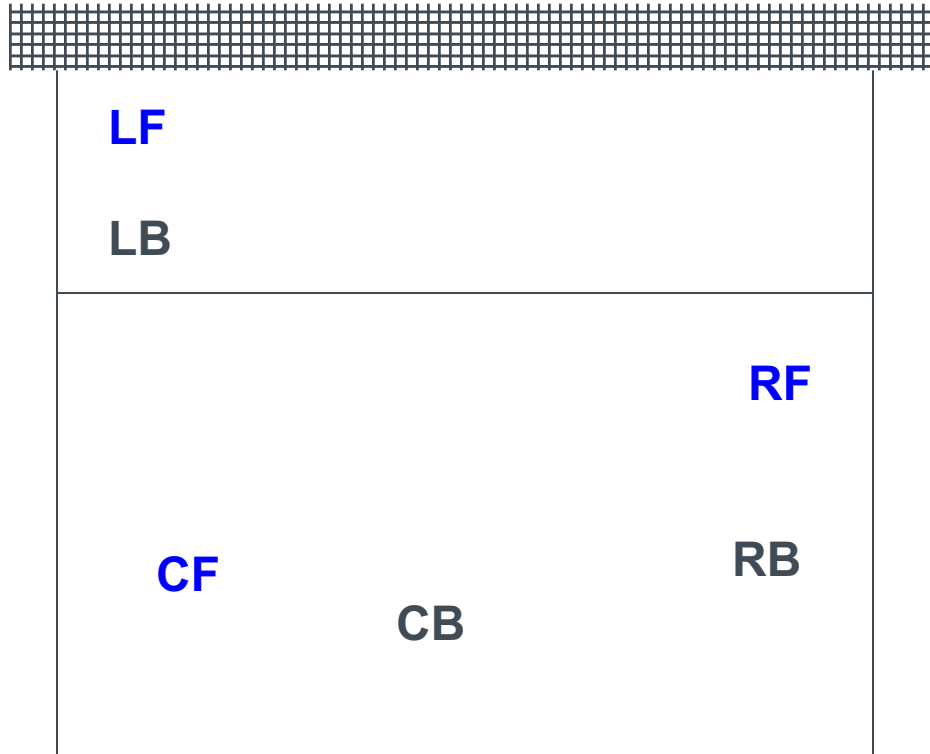
LB and CB





SITUATION #1

Illegal alignment or Legal?

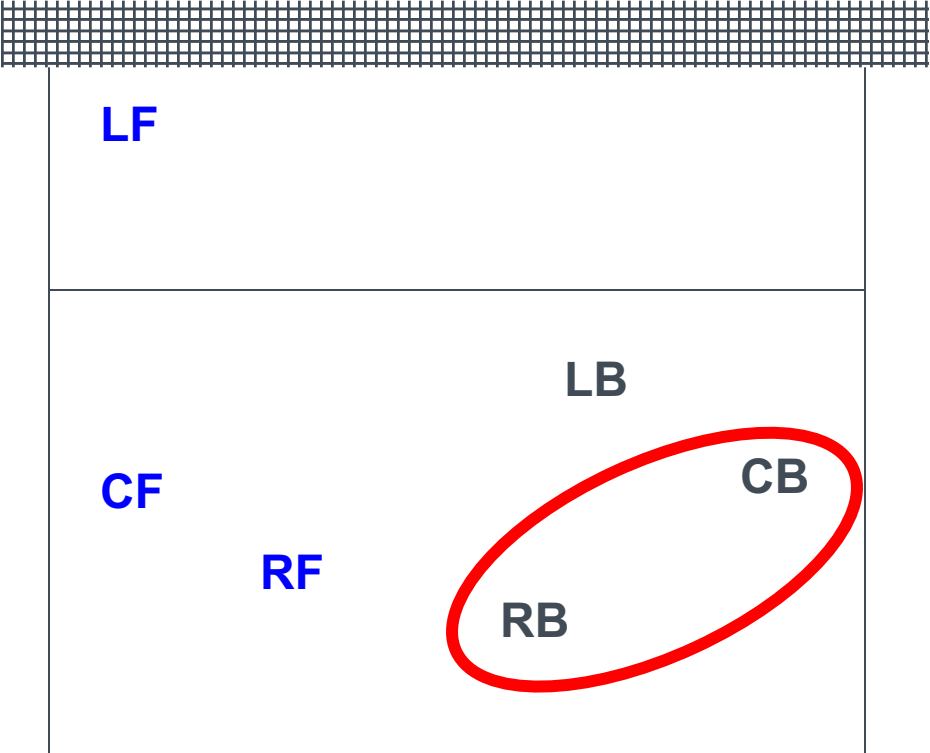


Legal





SITUATION #2



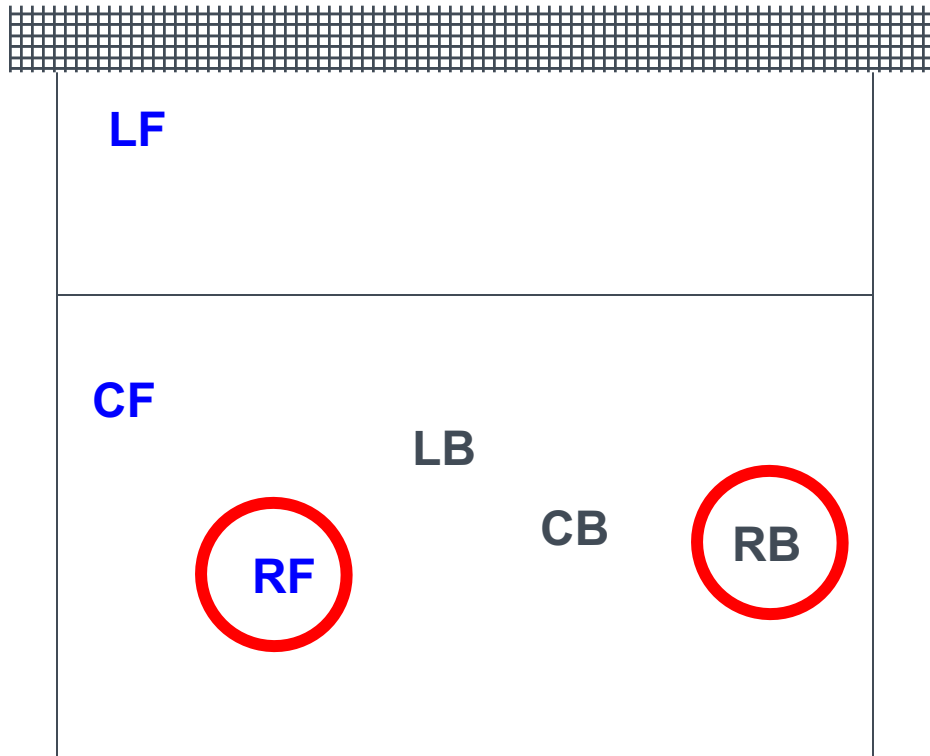
Illegal alignment or
Legal?

Illegal





SITUATION #3



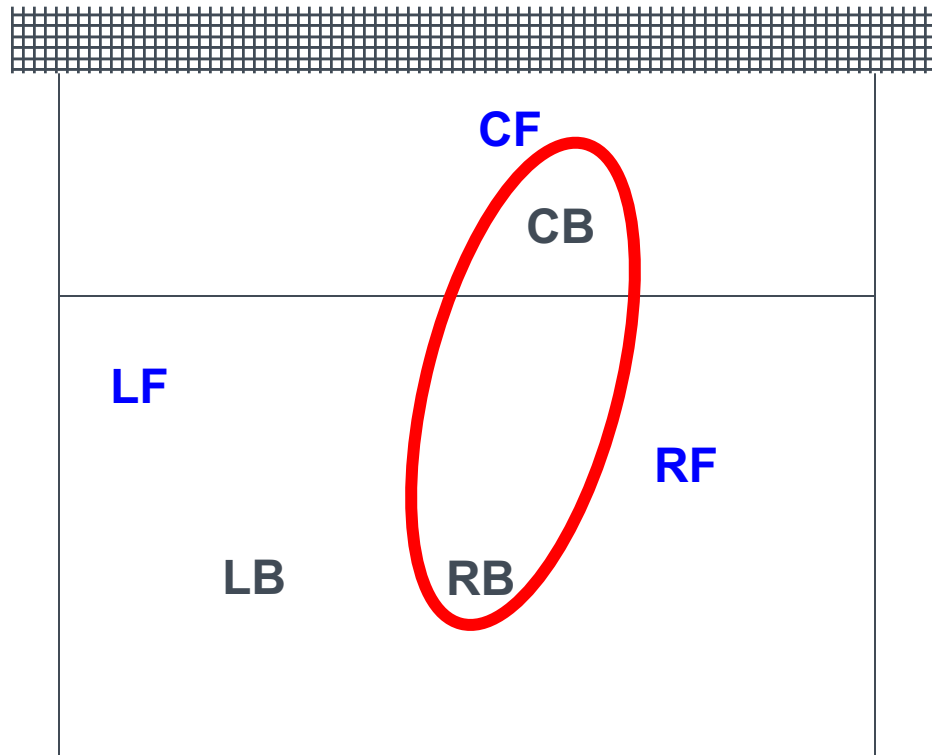
Illegal alignment or
Legal?

Illegal

Note – this is a common
alignment called a left
stack



SITUATION #4



Illegal alignment or
Legal?

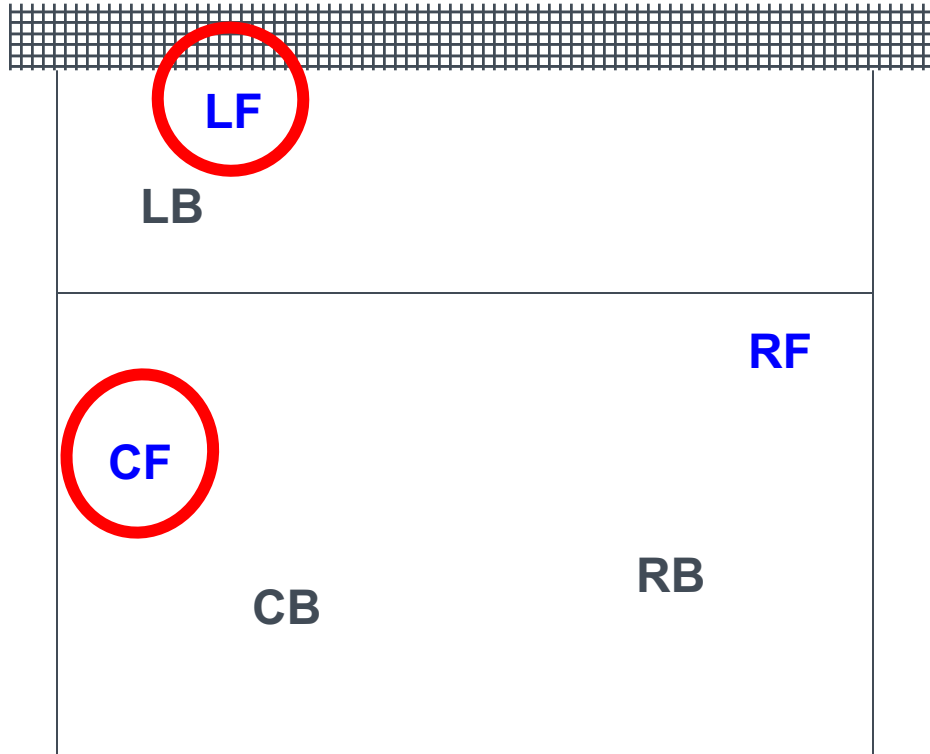
Illegal

Note – this is a common
alignment error when the
setter is CB



SITUATION #5

Illegal alignment or
Legal?

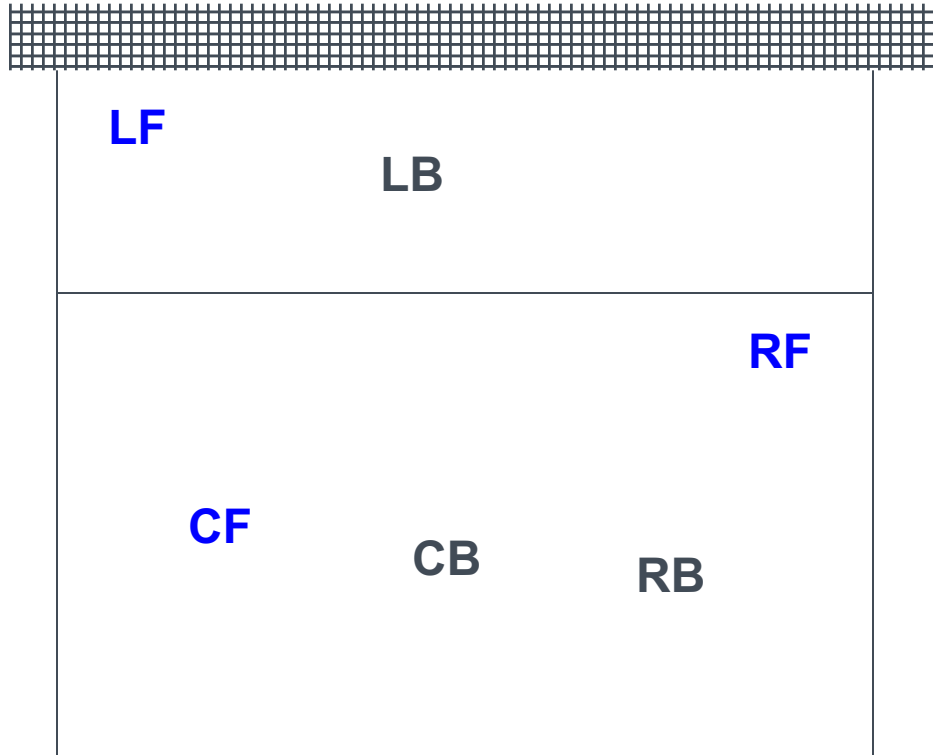


Illegal





SITUATION #6



Illegal alignment or
Legal?

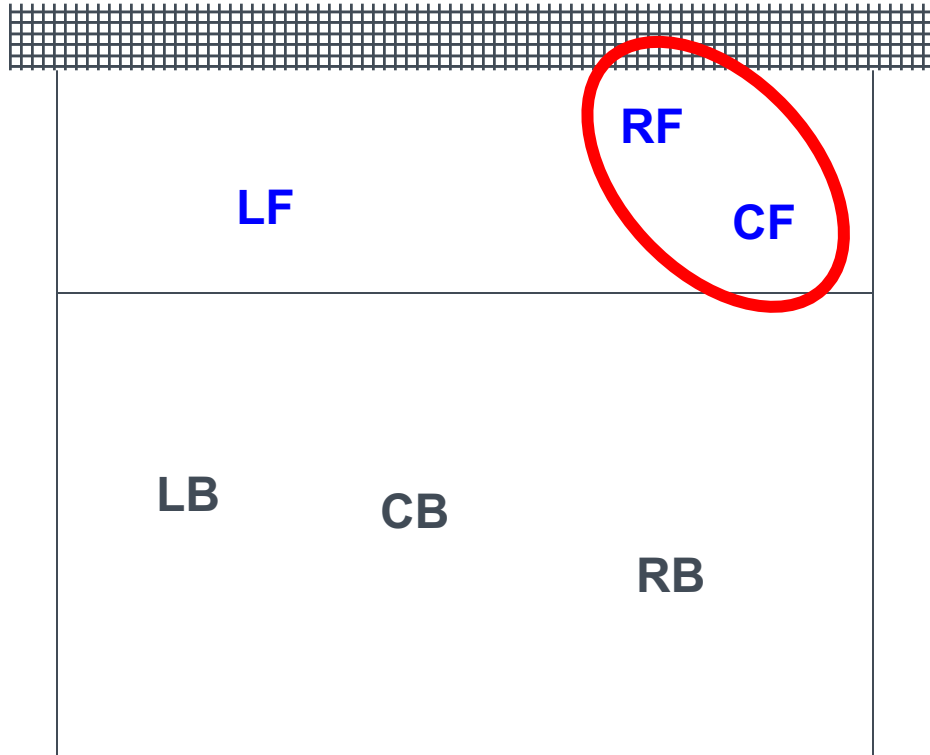
Legal

Note – you'll see this
when LB is the setter





SITUATION #7



Illegal alignment or
Legal?

Illegal



HOW TO SIGNAL FOR ILLEGAL ALIGNMENT



Blow whistle, step to the side of the offending team (you will need to step to serving side when indicating an improper server), give signal and indicate which player is aligned illegally.

PENALTIES FOR ILLEGAL ALIGNMENT

- Point/loss of rally is awarded to the opponent for:
 - Overlapping by players, other than the server, at the moment a legal serve occurs;
 - Positioning, at the moment of a legal serve, of any player, other than the server, outside the boundaries of the playing area

IMPORTANT POINTS TO REMEMBER

- Watch adjacent players; side-to-side and back-to-front
- Consider the foot only touching the floor when judging overlapping
- Players can be moving before the service contact, but must not be overlapping when the serve is contacted
- Check the Case Book for more examples

